

*Soulfire Zones*



*Zone of Genius*

*Barrier*

*Zone of Excellence*

*Barrier*

*Zone of Competence*

*Barrier*

*Zone of Incompetence*

*Barrier*

# Invisible Barriers

The Invisible Barriers we bump into give insights into how we dampen our soulfire and sabotage ourselves as we attempt to grow.

You can only dissolve the problem by addressing 4 underlying fears or beliefs behind it:

- Feeling flawed and unworthy of success.
- Fear of disloyalty and abandonment.
- Fear of the burdens from success.
- Fear of surpassing others.

*Barrier*

*Genius*

*Barrier*

*Excellence*

*Barrier*

*Competence*

*Barrier*

*Incompetence*

# Your Zone of Genius



*What do I most love to do? (I love it so much I can do it for long periods without getting tired or bored).*

*What do I do that doesn't seem like work?*

*What produces the highest ratio of abundance and satisfaction to the amount of time spent?*

*What is my unique ability? (What can I do that others are unlikely to be able to do at this level?)*

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